

# FLIP JUMP TWIST



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Gymnastics Classes

March 12 - April 28

OLEAN FAMILY YMCA

LIMESTONE YMCA GYMNASTICS CENTER

### 1. CHOOSE YOUR LEVEL:

#### TUMBLE TOTS (Ages 3 & 4)

**Member Cost:** \$32

**Public Cost:** \$57

A fun 30-minute movement education class for pre-school aged children that focuses on early gymnastics skills.

#### ROLLERS

**Member Cost:** \$38

**Public Cost:** \$67

This is a 60-minute beginner class. This nationally accredited program involves skill development designed for all four gymnastics events.

#### SWINGERS

**Member Cost:** \$44

**Public Cost:** \$77

This is a 60-minute intermediate class. Gymnasts start learning more advanced skills and structured routines. Participants must be evaluated by a coach to advance to this level.

### 2. CHOOSE YOUR DAY/LOCATION:

#### Thursday in Olean

Tumble Tots: 4:30 PM - 5:00 PM

Rollers & Swingers: 5:00 PM - 6:00 PM

#### Friday in Limestone

Tumble Tots: 4:30 PM - 5:00 PM

Rollers & Swingers: 5:00 PM - 6:00 PM

Pre-Team (invitation only): 6:00 PM - 8:00 PM

### REGISTER TODAY!

Contact the Olean YMCA: 716-373-2400

Contact the Bradford YMCA: 814-368-6101

Visit our website: [www.YourYMCA.org](http://www.YourYMCA.org)

